

Dear Friends,

Since 1984, National Stroke Association has become the trusted source for free resources and education for both the public and stroke community. Together, with you and other advocates across the United States, we empower survivors and their circle of care to thrive after stroke.

As an organization, we are constantly inspired by the stories you share—the messages of hope, perseverance and determination continue to drive us to serve you better. Within each program that we create is a small piece of you and others that truly need our support. But we know you need more. The needs of the stroke community are growing. As the only national nonprofit 100 percent dedicated to stroke, we feel the responsibility to find new ways to increase awareness, improve quality of life and change the conversation about stroke.

In the pages that follow, you'll learn more about the many ways we impacted the stroke community in 2013. It is because of the support of you—our many partners, donors, advocates and supporters—that we are able to continue to grow and meet the needs of the stroke community.

We are thrilled to share with you a look back at the last year, but to also let you know that in many ways, this is just the beginning. Thank you for being part of the journey.

Sincerely,



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Chairman, Board of Directors

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We are **100%** FOCUSED ON STROKE

Stroke is

4th LEADING CAUSE OF DEATH and a **LEADING CAUSE OF ADULT DISABILITY**

The community we serve



At Risk Population

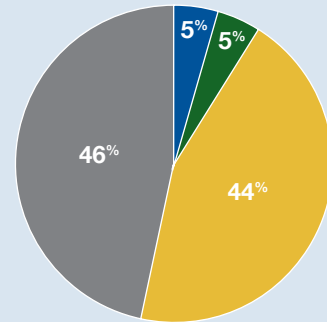
Healthcare Professionals

Stroke Survivors

Caregivers and Family Members

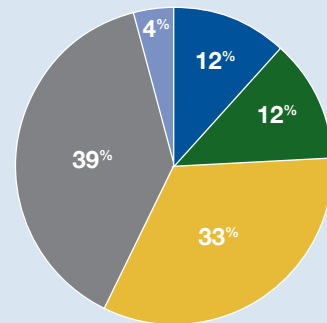
Total Assets: \$1,960,439

- Current Liabilities \$183,256
- Total Liabilities \$183,256
- Total Net Assets: \$1,777,183
- Current Assets: \$1,866,225



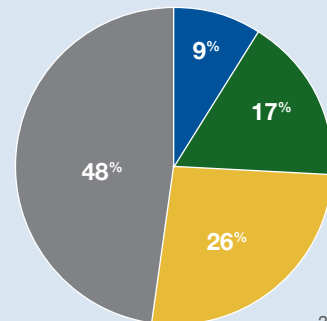
Total Revenue: \$3,264,106

- Professional Memberships: \$389,187
- Net Assets Released from Restrictions: \$407,059
- Grants: \$1,073,307
- Contributions: \$1,264,428
- Other Income: \$130,125



Total Expenses: \$3,410,196

- Administrative: \$310,492
- Fundraising: \$578,097
- Professional Education: \$894,533
- Public Education: \$1,627,074



[Click here for full financial information.](#)

Stroke is an emergency.

Act FAST.



Face droops on one side.



Arm drifts downward when raised.



Speech is slurred.

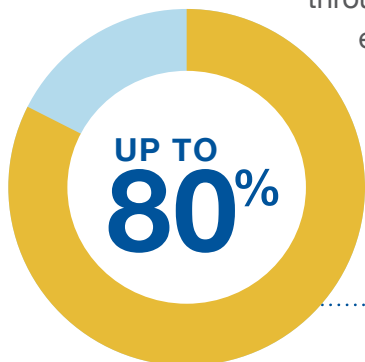


Time is critical.

Call 9-1-1 IMMEDIATELY.

PREVENTION

Our community awareness efforts focused on the importance of understanding risk, recognizing stroke symptoms and acting FAST. These messages were promoted at community events, in online campaigns and much more. Our most significant community awareness effort happened in May, **National Stroke Awareness Month**, where we focused on sharing the FAST messaging to help save more lives. Additionally, by sharing the inspirational stories submitted through the Faces of Stroke program, we utilized the experiences of the stroke community to spread important stroke education and messages of hope.



of strokes can be prevented through a reduction in risk factors

FACES OF STROKESM

MORE THAN **50,000** reached with FACES OF STROKE STORIES

“ National Stroke Association helps me spread awareness to others in my community. ”
Michelle B., stroke survivor

Materials Distribution

57,460
FAST
Wallet
Cards

57,465
Stroke Risk
Assessment
Score Cards

50% MORE WOMEN DIE FROM STROKE EACH YEAR, COMPARED TO BREAST CANCER



262

Member Facilities

115

Professional Society Members

MORE THAN
9,000

Professionals Received Continuing Education

ACUTE CARE: Memberships

Providing stroke education to healthcare professionals is one of the most important responsibilities of National Stroke Association. Our goal is to increase the recognition of stroke, treatment for stroke and the support that the healthcare community can provide to stroke survivors and their families. We're dedicated to providing both live and enduring events through webinars, Internet Point of Care, ask-the-experts sessions, self-guided case studies and grand rounds. We provide education to the healthcare community at large, with additional resources and benefits for our exclusive **Stroke Center Network (SCN)** membership program.

SCN members represent stroke centers of all sizes and at all stages of development. Membership benefits are developed in direct response to member needs and are available to all employees affiliated with the member organization.

“ The stroke community prefers to get their information from their healthcare providers. ”

Community Assessment survey



Every 40 seconds someone in the U.S. has a stroke



UP TO
83%
SURVIVE
A STROKE

400,000
FREE subscriptions
of StrokeSmart®
magazine distributed
in 2013



12,249
HOPE: A Stroke
Recovery Guides
distributed

Over 1,600
Stroke Support
Groups registered:
a 100% increase
in 2013

3,404
iHOPE
viewers

Over 350
Programs-in-a-
box distributed
on topics related
to stroke

187,954
Journal of Stroke
& Cerebrovascular
Diseases article
downloads

RECOVERY: Stroke Survivor & Caregiver Support

Recovery from stroke is a lifelong process. National Stroke Association aims to provide hope for stroke survivors and their families. But, hope is only part of the plan. To help minimize the burden that stroke places on a family, we have increased our free resources and tools to support each person on their individual road to recovery.

Most popular in 2013 were our **iHOPE** webinars on the topics of sex and sexuality and incontinence, **Program-in-a-box** (for Stroke Support Group Leaders) launch, **StrokeSmart®** magazine and the **Lifelong Education and Advocacy Program (LEAP)** that focuses on post-stroke education for survivors and caregivers.

“ You help me cope by reading what other people are going through and makes me aware that it’s not just me feeling the way I do. ”

Judy M., caregiver

GETTING INVOLVED

Our goal was to empower the stroke community to engage in a variety of activities that can help spread stroke awareness, provide a platform on which to share their story and raise funds to support the continued fight against stroke. The stroke community was a powerful group of passionate individuals that sent more letters to congress, hosted more community fundraising events and provided greater support to one another through social media and the **CarelivingSM Community** than ever before.

One of our most notable successes of the year involved an effort to expand our legislative reach.

Stroke Advocacy Network launched the State Advocacy Action Center, where one can find a variety of information about their state legislature and the stroke-related bills their legislators are talking about.



56,982

letters sent to Congress by **Stroke Advocacy Network**



11,149

advocates took action on 88 bills and resolutions in 34 states and the District of Columbia



2,715

active **Careliving Community** members: a 25% increase in members in 2013



\$240,000

raised through volunteer fundraising activities

“As a young survivor, it’s helpful to me to know I’m not alone.”

Karen K., stroke survivor

MORE THAN
4,000

VOLUNTEER
HOURS GIVEN

MORE THAN
200

PEOPLE ENGAGED IN
FUNDRAISING,
hosting an event or joining
the Stroke Challenge team



ANNUAL GIVING

We give special recognition to the generous donors who made significant investments to support our mission. Thank you for your continued support.

Jayne Abshire	Amy Betor	Carmine Canonico	Jed Daiger	Anne Eldridge
Caren Afflitto	Thomas Bettle	Brent Carlson	Michelle Dam	Deborah Ellis
Stephen Albert	Daniel Bevilacqua	James Carrino	Harriet Dana	Gary Ellis
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Lynn Sallee	Jeremy Shockett	Sarah Strasser		Katherine Zundel
Gary Salvati		William Stratton		

BEQUESTS

Thank you to those whose legacies live on through bequests that support National Stroke Association.

Carmen Becker Trust

Sylvia Dellar Trust

The Estate of Mildred Jackson

Bonnie Kaltenborn Estate

Trust of Clara E. Kolschowsky

Barry Litchfield Trust

Janet Maxine Ryan Trust

Thomas Smith Jr. Revocable Trust

Bertha Tomaska Trust Agreement

SPONSORS, FOUNDATIONS AND MAJOR DONORS

The following generous corporations, foundations and individuals have provided significant support to National Stroke Association's stroke education and prevention services.

Allergan Foundation	Caroline Cooley	Roxana Gib	Marilyn Mansfield	Joseph Petrone
Allergan, Inc.	Phyllis Coors	Google	Jacqueline Mars	Augusta Petrone
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	Genentech, Inc.			Pfizer, Inc.

COMMUNITY FUNDRAISERS AND STROKE CHALLENGE TEAM

A special group of individuals took extra engagement by hosting community fundraising events and joining our Stroke Challenge team to raise awareness and funds in support of National Stroke Association.

Caitlin Almer	Blackwell	Joy Marie Codilla	Michael Darling	Ryan Flanagan
Mark Anzalone	Carole Boletti	Rosa Cohen	Kathy Donley	Meredith Galante
Jenny Bertagnoli	Tara Buirkle-Silverman	Shanamai Cover	Joseph Duero	Roxana Gib
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Hallie Lee	Valerie and Lisa Mitchell	Eric Proshansky		

GEORGE DAVIS SR. LEGACY FUND

The family of George Davis Sr. have carried on his commitment to help prevent stroke and to improve the lives affected by it by the creation of this fund. Thank you to those that have kept his legacy alive through their gifts.

Debbie Baughn	Mary Davis	Faye Kimerling	Charlotte Nad	Livingston Ulf
Philip Bergan	Mary Kay Del Giacco	Samuel Lessey	Edwin Pomeroy	Carl Von Bernuth
Clare & Mike Callahan	E. Bruce Dunn	Susan Markert	James Stevens	George Whiteley
	Beth Hirschhorn	Kitty & Bill Moeller	Peter Thorp	

TRIBUTE GIFTS

Generous contributions have been made in tribute of loved ones affected by stroke. Our tribute honorees are listed below.

Giovanni Agnoli	Richard Barancho	Shirley Berndt	John K. Brindle	Bonk Yohn
David S. Allejn	Ernest Baumgart	Wandalee Bertheaud	Stoney Brooks	Elizabeth Bykowicz
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Otto Gerkensmeier				
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THANK YOU!

NATIONAL STROKE ASSOCIATION'S MISSION

is to reduce the incidence and impact of stroke by developing compelling education and programs focused on prevention, treatment, rehabilitation and support for all impacted by stroke.

**STROKE
HELP LINE**SM

1-800-STROKES
(787-6537)



www.stroke.org