

# ORTHOPEDIC KNEE QUESTIONNAIRE

PATIENT NAME: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_

CHIEF COMPLAINT: \_\_\_\_\_ (Why are you seeing the doctor today?)

AFFECTED SIDE:  Right Knee  Left Knee  Both Knees

REFERRED BY: \_\_\_\_\_  
(Physician) (City, State)

ONSET OF CONDITION:  Sudden  Gradual

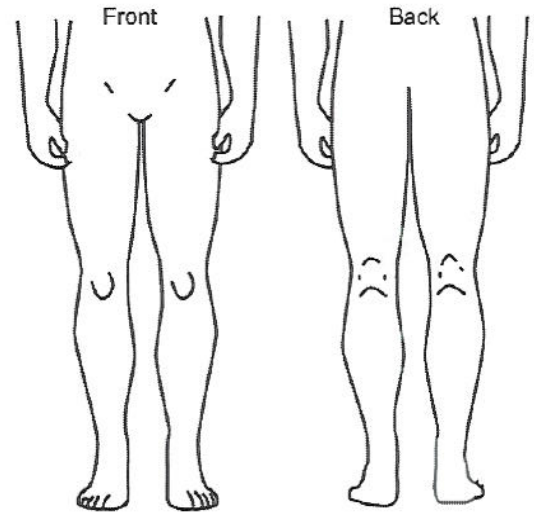
PRIOR PROBLEMS?  No  Yes  
 CURRENTLY ABLE TO WORK?  No  Yes

TREATMENTS TRIED	HELPED <small>(Makes pain better)</small>	NO EFFECT OR WORSENERD <small>(Makes pain worse or same)</small>	NOT HAD <small>(Not tried or needed)</small>
Rest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heat or Ice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cane, crutches, walker	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Therapy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tylenol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anti-inflammatory medication <small>(Advil, Aleve, Ibuprofen)</small>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Narcotic Medication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stretching or Strengthening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glucosamine/Chondroitin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyalgan/Symvisc	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cortisone/Steroid injections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Surgery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**CURRENT SYMPTOMS:**

- |   |                             |                              |
|---|-----------------------------|------------------------------|
| Do you have any swelling?                                   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you limp?  | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have locking, grinding or catching with your pain?   | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Does your knee feel unstable or does it give way?           | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have morning stiffness?                              | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have hip or groin pain?                              | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Does your knee bother you at rest or at night, wake you up? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you had to quit activities?                            | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

Place an "x" where you have the most pain.  
 Shade the areas where you have lesser pain.



Signature of Patient or Legally Responsible Party \_\_\_\_\_

Date (month/day/year) \_\_\_\_\_

Relationship to patient, if not signed by patient \_\_\_\_\_

PATIENT NAME & ID # \_\_\_\_\_

**VIRGINIA MASON MEDICAL CENTER – Seattle WA**

Orthopedic Knee Questionnaire

