

Figure 1 DUMP. Top: High definition 11-megapixel colour photography of the right eye (A) is normal. However, the left macula (B) contains islands of atrophic retinal pigment epithelium (RPE) lying in a sea of sick orange pigment (lipofuscin) laden retina. Middle: High definition, 11-megapixel fluorescein angiography of the right eye (C) appears normal with no evidence of diffuse uveal melanocytic proliferation (DUMP). The left retina (D) contains diagnostic nummular areas of early hyperfluorescence suggesting RPE atrophy which contain pinpoint spots of late staining hyperfluorescence. Optical coherence tomography (OCT) of the right macula (E) is within normal limits. Optical coherence tomography of the left macula (F) reveals a neurosensory detachments as well as focal areas of RPE atrophy and hypertrophy.

Paul T Finger

The New York Eye Cancer Center and New York University School of Medicine, New York City, NY, USA

Correspondence to: Dr Paul T Finger, Director, The New York Eye Cancer Center, 115 East 61st Street, New York, NY 10065, USA; pfinger@eyecancer.com

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Possible association between scleritis and lymphoma

Scleritis and uveitis are ocular inflammatory diseases often presumed to be autoimmune and associated with underlying systemic disease.¹ Other autoimmune diseases have been shown to confer increased risk for malignancy, including lymphoma.^{2–4} We present two patients diagnosed with scleritis and lymphoma and examine whether there is an association between ocular inflammatory disease and malignancy.

Case series

We reviewed the records of 133 scleritis patients presenting to our ocular inflammatory diseases clinic at Oregon Health & Science University (OHSU) between 1993 and 2006. Access to this database was reviewed and approved by the OHSU institutional review board. Two patients with a diagnosis of lymphoma were identified.

Patient A developed scleritis 13 years before being diagnosed with lymphoma at the age of 48. Hodgkin's lymphoma was found incidentally on a chest x ray during repeated work up for ocular disease. Patient B was diagnosed and treated for Hodgkin's lymphoma at the age of 24 without recurrence. She developed scleritis 10 years later (table 1).

The two patients were diagnosed with anterior scleritis (table 2) at the age of 32 and 33 years, respectively.

Patient A had anterior bilateral diffuse scleritis and patient B had unilateral nodular scleritis. At the time of scleritis diagnosis, neither clinical presentation was clinically consistent with ocular lymphoma. Scleritis resolved with chemotherapy specific for lymphoma in patient A.

We previously reported a patient with scleritis and Waldenström's macroglobulinaemia,⁶ a haematological malignancy occasionally included in epidemiological studies on lymphoma. His malignancy was discovered in the course of evaluating the cause of a raised erythrocyte sedimentation rate which accompanied his relatively refractory scleritis.

Comment

The National Cancer Institute reported 511 872 lymphoma patients in the 2003 United States population of 290 796 025.^{7,8} Assuming the same prevalence of lymphoma within our inflammatory eye diseases clinic from 1993 to 2006, we would have expected to see 0.234 lymphoma cases from among 133 scleritis patients during this period. Using Fisher's exact test, we found that the two cases of lymphoma are more than would be expected by chance alone ($p = 0.002$). This suggests that autoimmune scleritis may be associated with an increased risk of lymphoma. In comparison, we identified three uveitis patients with a prior or subsequent diagnosis of lymphoma from among 1459 uveitis patients seen in our clinic between 1993 and 2006. This frequency does not differ significantly from published population prevalence figures ($p = 0.530$).

Other autoimmune diseases have been shown to be associated with lymphoma. Wolfe *et al* reported that patients with rheumatoid arthritis were three times more likely to develop lymphoma than the general population.⁹ Sjögren's syndrome is also associated with a clearly increased risk of lymphoma.¹⁰ While scleritis is often associated with autoimmune diseases,

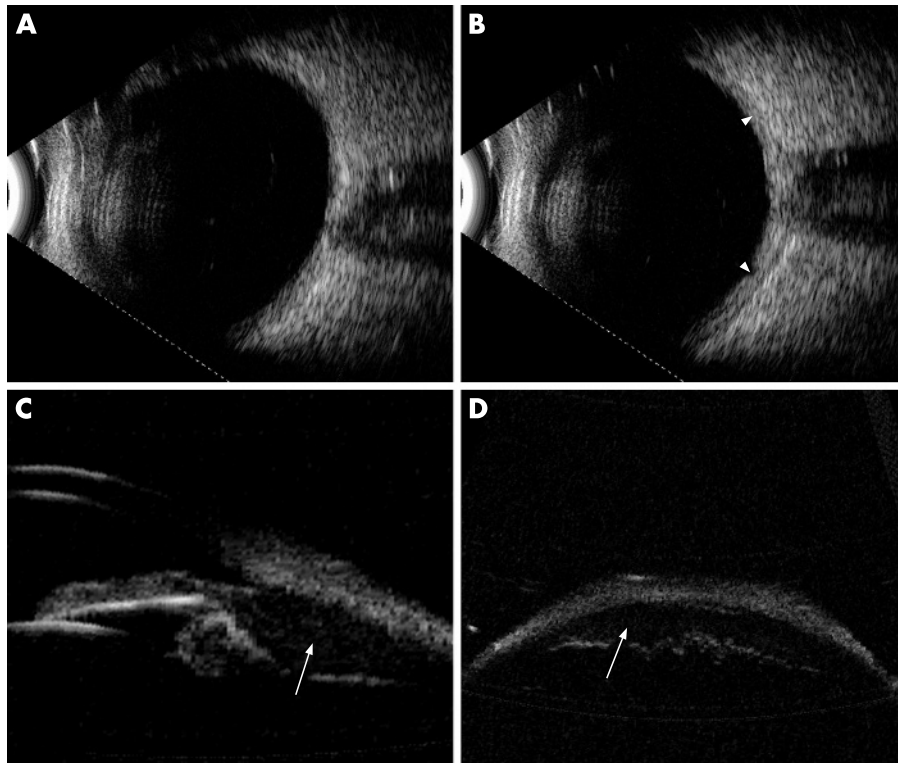


Figure 2 DUMP. Top: High resolution 20 MHz B-scan ultrasound reveals choroidal thickening (arrow heads) in the affected left eye. Bottom: High frequency 35 MHz B-scan ultrasound was carried out. Longitudinal section (C) reveals low reflective tumour in the ciliary body (arrow). Transverse section demonstrates the width of the anterior uveal metastasis (arrow) and displacement of the ciliary processes.

none was discovered in the work-up of our two patients with scleritis and lymphoma.

There are multiple hypotheses to explain why there could be a relation between autoimmunity and malignancy. Autoimmunity may either represent or lead to chronic B cell stimulation and proliferation.⁴ A dysregulated immune system may be incapable of adequate surveillance to eliminate lymphoma.³ Viruses that trigger autoimmune eye disease might also contribute to carcinogenesis.² It is possible

that ocular inflammatory disease could herald the development of systemic illnesses or reflect changes in immune function. Though immunosuppressive drugs can also predispose to the development of malignancy, our Hodgkin's disease patients did not receive such treatment before developing their lymphomas.

Patients seen in our clinic often have more severe or treatment refractory disease, suggesting that there may be an ascertainment bias. Our data are also limited by the founder effect,

considering the small sample size of our clinic compared with the general population at large. Conversely, we do not have complete follow up information on all our patients, which could lead to underascertainment of incident lymphoma in our referral population, causing an underestimation of the true rate of lymphoma occurring within our clinic.

The resolution of ocular inflammation with chemotherapy could suggest that autoimmune disease and haematological malignancy originate from a similar type of immune dysregulation. The larger than expected number of patients with both scleritis and lymphoma suggests that the concurrence of these two rare diseases may be more than coincidental. The possibility of an asymptomatic lymphoma should be considered during the systemic work-up of medically refractory anterior scleritis. The true relation between autoimmune ocular disease and malignancy would best be studied in a multicentre prospective cohort study, considering the rarity of these two diseases.

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Lynnelle K Smith

Casey Eye Institute, Oregon Health & Science University, Portland, Oregon, USA

Eric B Suhler

Casey Eye Institute, Oregon Health & Science University, Portland, Oregon, USA and Portland VA Medical Center

Lyndell L Lim

Casey Eye Institute, Oregon Health & Science University, Portland, Oregon, USA and University of Melbourne, Melbourne, Australia

Dongseok Choi

Department of Public Health and Preventive Medicine, Oregon Health & Science University, Portland, Oregon, USA

George A Cioffi

Devers Eye Institute, Legacy Good Samaritan Hospital, Portland, Oregon, USA

Table 1 Lymphoma data and demographics

Patient	Sex	Ethnicity	Age at Dx (y)	Type	Location	Presentation	Previous eye symptoms	Treatment	Improved eye symptoms
A	F	White	48	NSHD	Mediastinum	Incidental	Yes	ABVD, local radiation	Yes
B	F	White	24	HD	Left cervical	Not concurrent	No	Local radiation	N/A

ABVD, doxorubicin, bleomycin, vinblastine, and dacarbazine; Dx, diagnosis; HD, Hodgkin's disease; N/A, not applicable; NSHD, nodular sclerosing Hodgkin's disease; y, years.

Table 2 Ocular diagnoses

Patient	Dx	Age at Dx (y)	Location	Type	Laterality	Onset	Duration	Course	Symptoms*	Complications
A	Scleritis	32	Anterior	Diffuse	Bilateral	Sudden	Persistent	Continuous	1, 2, 3	None
B	Scleritis	33	Anterior	Nodular	Unilateral	Sudden	Persistent	Recurrent	1, 2	None

Characteristics of inflammation are based on the SUN criteria.⁵

*Symptoms: 1, redness; 2, pain; 3, floaters.

Dx, diagnosis; y, years.

James T Rosenbaum

Casey Eye Institute, Oregon Health & Science University,
Portland, Oregon, USA

Correspondence to: Dr James T Rosenbaum, Casey Eye
Institute, Oregon Health & Science University, 3375 SW
Terwilliger Blvd, Portland, Oregon 97239-4197;
rosenbj@ohsu.edu

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Idiopathic juxtafoveal retinal telangiectasia in monozygotic twins

Monozygotic twins (aged 63 years old), with group-2A idiopathic juxtafoveal retinal telangiectasia (JXT), underwent clinical examination, fluorescein angiography (FA) and optical coherence tomography (OCT). *Twin 1*: Right fundus showed right-angled venules temporal to the fovea; FA demonstrated retino-retinal anastomosis and intraretinal leakage. *Twin 2*: Fundoscopy revealed right-angled venules in both eyes. OCT demonstrated

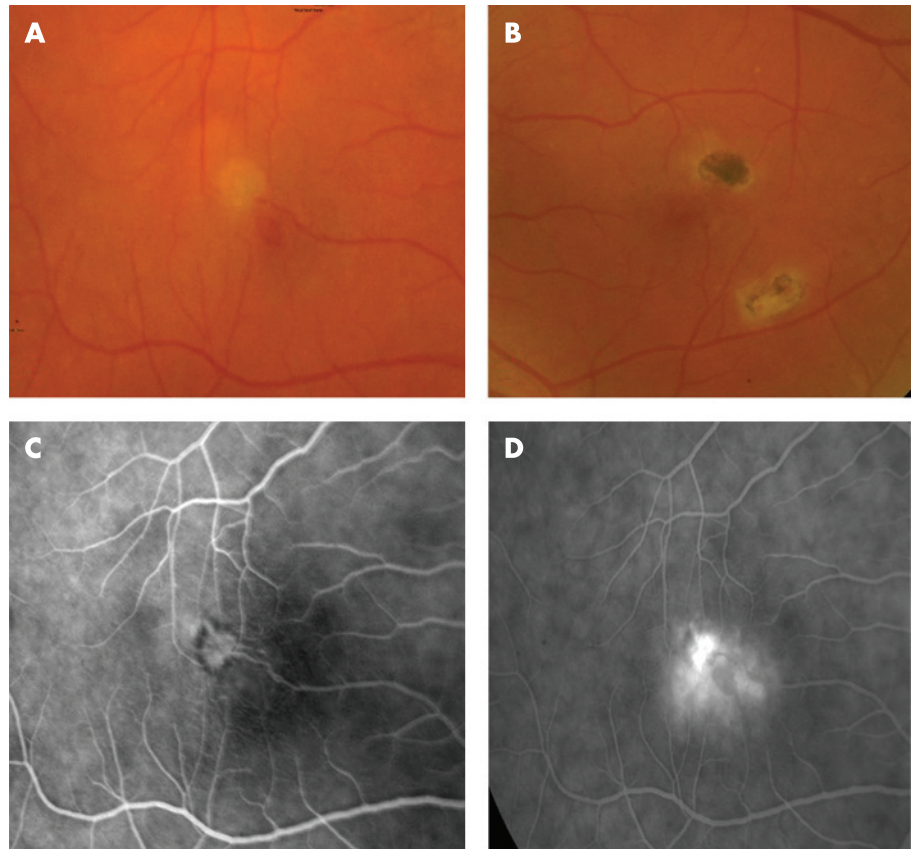


Figure 1 Clinical images of twin 1 with group-2A idiopathic juxtafoveal retinal telangiectasia. (A) Colour fundus photograph OD shows typical right-angled venules and loss of retinal transparency temporal to the fovea. (B) Colour fundus photograph OS shows juxtafoveal scar from previous subretinal membrane. (C) Early-phase fluorescein angiogram OD demonstrates right-angled venules leading to a network of deep proliferating vessels, forming a retinal-retinal anastomosis. (D) Late-phase angiogram OD shows diffuse perifoveolar retinal leakage.

foveal cysts in all eyes. This is the third set of monozygotic twins with group-2A JXT that has been reported in the literature, further supporting a genetic predisposition for JXT. The twin who smoked had more severe disease, suggesting that smoking is a risk factor for

progression. OCT is useful in the detection and monitoring of these patients.

Group-2A JXT is characterised by bilateral regions of retinal thickening temporal to the fovea with minimal exudation.¹ Gass and Blodi described five stages of group-2A JXT.¹ OCT

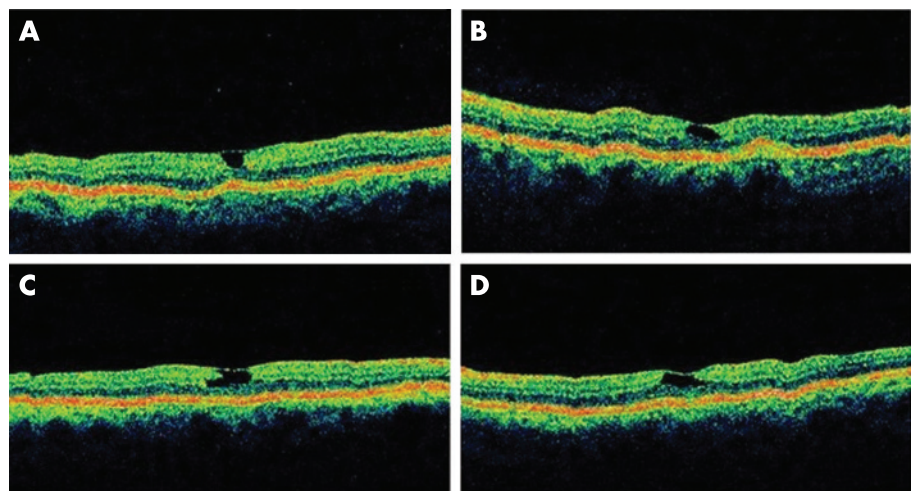


Figure 2 Optical coherence tomography (OCT) images in group-2A idiopathic juxtafoveal retinal telangiectasia. (A, B) OCT image of each eye of twin 1 shows inner lamellar foveal cyst. Note thickening along the retinal pigment epithelium in left eye from previous subretinal neovascular membrane. (C, D) OCT image of twin 2 demonstrates bilateral inner lamellar foveal cysts.