AFRICAN-AMERICAN MEN AND LUNG CANCER

PROTECT YOUR FAMILY AND YOURSELF!

AFRICAN-AMERICAN MEN have the **HIGHEST RATES OF LUNG CANCER** in the U.S.

LUNG CANCERS are mostly caused by **SMOKING.**

When you smoke around your family, **EVERYONE SMOKES!**

The smoke from your cigarettes, called secondhand smoke, can cause lung cancer and other health problems in **PEOPLE WHO HAVE NEVER SMOKED, EVEN KIDS.**

There's **NO SAFE WAY** to smoke.

Menthol cigarettes are **JUST AS DANGEROUS** as non-menthol cigarettes.

IT'S NEVER TOO LATE TO QUIT.

YOUR RISK FOR LUNG CANCER GOES DOWN WHEN YOU QUIT, no matter how old you are or how long you have smoked.

Quitting can be hard, and you may need help. For free help quitting, visit **SMOKEFREE.GOV**, call **1-(800)-QUIT-NOW**, or text the word **QUIT** to **47848** from your mobile phone.

CDC

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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